

SPECIFICATION

Product Name	Shoulder Support Brace with Hot & Cold Gel Pack
Product Model	ZC-SHO-11063-1
Material	Neoprene + Velcro
Included Components	Shoulder Support Brace, Reusable Gel Pack, Manual
Shoulder Brace Diameter	10in(L) x 9in(W) x 0.79in(H) 26cm(L) x 23cm(W) x 2cm(H)
Shoulder Brace Weight	5.33 oz 151 g
Gel Pack Weight	5.68 oz 161 g

DESCRIPTION

Provides stability and compression for shoulder injuries like sprains, dislocations, and rotator cuff tears. Enhances blood flow, limits unwanted movement, and supports faster recovery.

Zeencare SHOULDER SUPPORT BRACE WITH HOT & COLD GEL PACK



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GEL PACK FOR HOT & COLD THERAPY



HOT THERAPY INSTRUCTION

Microwave: Heat on high temp for 40 seconds. If additional heat is needed, reheat in 10-second intervals.

Hot Water: Soak in hot (not boiling) water for 6-10 minutes.

COLD THERAPY INSTRUCTION

Freeze for 30-120 minutes before use. Always check the temperature before applying.

4 STEPS FOR EASY USE



1 Connect the strap to the buckle and secure the lower Velcro on your shoulder.



2 Pull the long strap through the clip, adjust to fit, and fasten the Velcro.



3 Adjust and secure the two top Velcro straps for support.



4 Wrap the bottom Velcro around your arm and fasten it in place.